



PRP / PRF Aftercare

Your body's own magic is now working for you. Let it. 🌟

✓ DO:

- Keep treated area clean and moisturized 💧
- Apply SPF 30+ daily ✨ once skin is no longer sensitive
- Stay well hydrated 💧 to support healing & collagen
- Use gentle, fragrance-free skincare only
- 🧴 Hair restoration: gently massage scalp after 24 hours

🚫 AVOID for 24-48 Hours:

- Washing treated area for at least 6-8 hours 🚿
- Makeup 💄, retinol, acids, or vitamin C for 24 hours
- Exercise 🏃, saunas 🧖, steam rooms, or sweating
- Alcohol 🍷 and blood-thinning medications
- Sun exposure ☀️ without SPF protection

🧴 Area-Specific Notes:

- 🧴 Full Face PRP/PRF: Redness & swelling normal 24-48 hrs
- 👁 Under-Eye / EZ Gel: Mild puffiness 24-72 hrs — sleep elevated
- 🧴 Hair Restoration PRP: Scalp tender 1-2 days. No washing 24 hrs.
- 💧 EZ Gel: Slight firmness under skin normal — resolves in 1-2 wks

🌟 How PRP/PRF Works:

- 🩸 We draw a small amount of your own blood
- 🌀 It's spun in a centrifuge to concentrate growth factors
- 💧 Growth factors are injected back to stimulate healing
- 🌟 Your body does the work — 100% natural rejuvenation!

⌚ What to Expect:

- 🌟 Face: Improved texture & glow over 4-8 weeks
- 👁 Under-Eye: Less hollowness & dark circles over 4-6 weeks
- 🧴 Hair: Reduced shedding after 2-3 sessions; new growth 3-6 months
- 📅 Series of 3 sessions spaced 4-6 weeks apart recommended

⚠️ Rare but Possible Side Effects:

- In rare cases, swelling and inflammation may persist for a prolonged period beyond the typical 24-72 hours
- A very rare possibility of an allergic reaction to lidocaine (numbing agent) — symptoms may include itching, rash, or unusual swelling
- These occurrences are extremely uncommon but we want you to be fully informed
- If you experience any of these, please contact us immediately 📞

📞 Call Us If You Notice:

- Excessive swelling, hard lumps, or signs of infection after 72 hours
- Prolonged inflammation or swelling that does not subside after several days
- Any signs of an allergic reaction such as itching, hives, rash, or difficulty breathing — seek immediate care 🏥
- 👁 Vision changes near under-eye area — contact us immediately



The science: PRP and PRF are packed with growth factors — proteins that signal your cells to repair, regenerate, and produce collagen. By concentrating these from your own blood, we supercharge your body's natural healing process for beautiful, natural-looking results.

📞 (347) 514-9311

Questions? We're always here for you 💕

LovMedSpa
Defining Timeless Beauty