



Mesotherapy / Double Chin Aftercare

Goodbye double chin. Hello jawline. You're going to love this.

✓ DO:

- Apply ice wrapped in cloth to reduce swelling — first 24 hrs ❄️
- Keep the area clean and dry 🧼
- Stay well hydrated 💧 — water supports fat-dissolving process
- Wear loose, comfortable clothing around the neck area 👕
- Sleep with head slightly elevated the first night 🛏️

🚫 AVOID for 24-48 Hours:

- Touching, rubbing, or massaging treated area 🚫
- Strenuous exercise 🏃, saunas 🧖, or hot showers 🚿
- Alcohol 🍷 and blood-thinning medications
- Makeup or skincare products on treated area 💧
- Turtlenecks or tight clothing pressing on neck 🧣

💡 How PCDC Works:

- 💧 PCDC is injected directly into submental (chin) fat
- 🧬 It disrupts and destroys the fat cell membrane
- 🔄 Your body's lymphatic system then removes the fat
- 🕒 Over 4-12 weeks, the jawline becomes more defined

📅 Your Timeline:

- 📅 Days 1-7: Significant swelling, firmness, tenderness — normal!
- 🕒 Weeks 2-4: Swelling reduces, bruising fades
- 🌟 Weeks 4-6: Visible fat reduction begins
- 💎 Weeks 8-12: Full defined jawline results visible

⌚ What to Expect:

- ⚠️ Significant swelling & firmness for 3-7 days — totally expected!
- Area may feel tender and lumpy as fat cells break down 🧊
- Visible reduction begins at 4-6 weeks 🕒
- 📅 2-4 sessions may be recommended for optimal results

⚠️ Call Us If You Notice:

- Difficulty swallowing, severe pain, or signs of infection
- Numbness, tingling, or skin changes persisting beyond 2 weeks

🧐 **What about the swelling?** PCDC causes an intentional inflammatory response to destroy fat cells — so significant swelling in the first week is actually a sign the treatment is working! The more dramatic the initial swelling, often the more dramatic the final result. It's temporary, we promise!

📞 (347) 514-9311

Questions? We're always here for you 💕

LovMedSpa
Defining Timeless Beauty