



Laser / IPL / DPL Aftercare

Tattoo removal, hair removal & light therapy done. Protect your results. ♥



DO:

- Apply cold compresses or aloe vera gel to soothe the area ☹
- Keep treated area clean and gently moisturized ☺
- Wear SPF 30+ on treated areas exposed to sunlight *
- Stay well hydrated 💧 to support skin healing
- Allow any scabbing or darkening to shed naturally ✨
- Wear loose, breathable clothing over treated body areas ☺

⊘ AVOID for 7 Days:

- Sun exposure *, tanning beds, or self-tanner on treated area
- Picking, scratching, or scrubbing treated skin ☹
- Hot showers 🛀, saunas 🛀, steam rooms, or hot tubs ☹
- Strenuous exercise 🏃 or excessive sweating
- Makeup or actives on treated area (retinol, acids) ⚡
- Shaving or waxing treated area until fully healed

✂ Tattoo Removal — Notes:

- ✂ Blistering, redness & frosting after treatment is normal
- Keep area covered with clean bandage for 24 hours ☹
- Do not pop blisters — let them heal naturally
- Ink fades gradually over 4-8 weeks between sessions
- ☹ Sessions spaced 6-8 weeks apart for best results

✂ Laser Hair Removal — Notes:

- ✂ Hair shedding occurs over 1-3 weeks — totally normal!
- Do not wax or pluck between sessions — shaving only ✂
- Mild redness and bumps resolve within 24-48 hours ☹
- Avoid sun exposure between sessions *
- ☹ Sessions every 4-6 weeks for best permanent reduction

💡 IPL / DPL — Notes:

- 💡 Pigmented spots may darken before fading — this is normal!
- Redness and mild swelling resolve within 24-48 hours ☹
- Darkened spots flake off naturally over 7-14 days ✨
- Do not pick at darkened areas — let them shed on their own
- ☹ 3-6 sessions spaced 3-4 weeks apart recommended

⚠ What to Expect:

- Redness, mild swelling & warmth immediately after — normal ☹
- Tattoo: gradual fading over multiple sessions ✂
- Hair removal: progressive permanent reduction over sessions ✂
- IPL/DPL: improved tone & pigmentation over 4-8 weeks 💡
- * SPF is essential between ALL sessions to protect results

💡 Maximize Your Results:

- * SPF 30+ every day — sun exposure undoes laser results!
- 💧 Stay hydrated — well-hydrated skin heals faster
- ✨ Use gentle, fragrance-free skincare during healing
- ☹ Don't skip sessions — consistency is key to best results

⚠ Call Us If You Notice:

- Signs of infection (increasing redness, warmth, discharge, or fever)



Sun protection is non-negotiable: Laser and light-based treatments make your skin significantly more sensitive to UV rays. Sun exposure between sessions can cause hyperpigmentation and reverse results. Apply SPF 30+ every morning — even on cloudy days — and reapply every 2 hours outdoors.

☎ (347) 514-9311

Questions? We're always here for you ♥

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