



HydraFacial Aftercare

Cleansed. Hydrated. Glowing. Keep that radiance alive.

✓ DO:

- Apply SPF 30+ before going outdoors *
- Use a gentle moisturizer to maintain the hydration boost ⚡
- Drink plenty of water 💧 to extend your glow
- Enjoy your results! Most clients see immediate improvement 🌟
- Book monthly for optimal skin health maintenance 📅

🚫 AVOID for 24 Hours:

- Heavy makeup 🎨 — let your pores breathe!
- Active skincare: retinol, vitamin C, AHAs, or BHAs
- Sun exposure ☀️ without SPF protection
- Saunas 🪑, steam rooms, or excessive heat
- Picking at skin or applying harsh products 🚫

🧰 The 4 Steps of Your Treatment:

- 🧼 Step 1 — Cleanse & Peel: Removes dead skin cells
- 🧴 Step 2 — Extract: Painlessly unclogs pores
- 💧 Step 3 — Fuse: Infuses nourishing serums & antioxidants
- 🌟 Step 4 — Protect: Seals in hydration & radiance

⌚ What to Expect:

- 🌟 Immediately glowing, hydrated, refreshed skin
- Mild redness may occur — resolves within a few hours ⏳
- Zero downtime — perfect lunchtime treatment! ⚡
- Results last 4-6 weeks; monthly sessions recommended

💡 Boost Your Results:

- 💧 Drink 8+ glasses of water for the next 48 hours
- 🌙 Use a hydrating night cream before bed
- * SPF is your best friend — protect that fresh glow!
- 📅 Monthly HydraFacials are the secret to lasting radiance

⚠️ Call Us If You Notice:

- Prolonged redness, unusual breakouts, or allergic reactions after 24 hrs

🌟 **Zero downtime!** HydraFacial is one of the only treatments where you can come in during your lunch break and go right back to work glowing. It's the perfect maintenance treatment to keep between other procedures — safe for all skin types and all seasons!

📞 **(347) 514-9311**

Questions? We're always here for you 💕

LovMedSpa
Defining Timeless Beauty