



Facial Aftercare

Your skin just had its moment. Let's protect it.

✓ DO:

- Keep skin moisturized with a gentle hydrating moisturizer 💧
- Apply SPF 30+ before going outdoors ☀️
- Drink plenty of water 🥛 to support your skin's glow
- Use clean pillowcases tonight 🛏️
- Enjoy the results — your skin should feel amazing! 😊

🚫 AVOID for 24 Hours:

- Heavy makeup 🎨 — let your pores breathe
- Active skincare: retinol, AHAs, BHAs, or exfoliants
- Sun exposure ☀️ without SPF protection
- Saunas 🛀, steam rooms, or excessive heat
- Touching or picking at skin 🤏

🧖 Your Facial Type & Benefits:

- 🌸 Classic Facial: Deep cleanse, extractions & hydration
- 🌿 LOV Facial: Advanced mask, LED therapy & lymphatic massage
- ⚡ HydraFacial: 4-step cleanse, extract, infuse & protect
- 🌟 All facials: Improved circulation, glow & skin health

🕒 What to Expect:

- 🌟 Glowing, refreshed skin immediately after treatment
- If extractions: minor redness lasts 24–48 hours 🕒
- Zero to minimal downtime — you're good to go!
- 📅 Monthly facials recommended for optimal skin health

🌟 Keep the Glow Going:

- 💧 Hydrate inside and out — 8+ glasses of water daily
- ☀️ Sunscreen every day — your #1 anti-aging tool
- 😴 Get 7–8 hours of sleep — beauty sleep is real!
- 🥗 A diet rich in antioxidants supports glowing skin

⚠️ Call Us If You Notice:

- Prolonged breakouts, unusual redness, or allergic reactions after 48 hrs



Your skin routine after a facial: For the best results, wait 24–48 hours before reintroducing active ingredients like retinol or vitamin C. Your skin is in a sensitive, receptive state — give it gentle hydration and protection first, then ease back into your regular routine.

📞 (347) 514-9311

Questions? We're always here for you 💕

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