



Aveli Cellulite Treatment Aftercare

Dimples are cute on your cheeks, not your thighs. You're on your way! ✨

✓ DO:

- Wear compression garments as directed by your provider 🧥
- Apply cold compresses to manage swelling ❄️
- Stay hydrated 💧 — water supports lymphatic drainage
- 🚶 Do light walking every few hours to promote circulation
- Rest and avoid prolonged pressure on treated areas 🛌

🚫 AVOID for 48-72 Hours:

- Strenuous exercise 🏃, heavy lifting, or high-impact activities
- Hot showers 🚿, baths 🛀, saunas 🌡️, or tanning
- Massaging or pressing treated areas without provider approval 🙅
- Tight clothing that restricts the treated area 📏
- Alcohol 🍷 and blood-thinning medications

🔬 How Aveli Works:

- 🔍 A small device is inserted under the skin with a micro-blade
- ✂️ It precisely releases the fibrous bands causing dimples
- 🔍 Provider verifies each band is fully released in real-time
- ⚡ Results are immediate and permanent — bands don't grow back!

📅 Your Recovery Timeline:

- 🕒 Days 1-3: Most bruising, soreness & swelling
- ⏳ Days 4-7: Swelling reduces, skin begins to smooth
- ✨ Weeks 2-4: Significant improvement visible
- 💎 Month 3: Final smooth, dimple-free results

⌚ What to Expect:

- Bruising, soreness & swelling for 1-2 weeks 🩹
- Skin may feel firm or tender as it heals — totally normal!
- ✨ Aveli PERMANENTLY releases fibrous bands — long-lasting!
- Most clients see significant improvement after just ONE treatment 🌟

⚠️ Call Us If You Notice:

- Increasing pain, warmth, or redness beyond the first week
- Signs of infection, unusual skin changes, or hard lumps

⚡ **Why Aveli is different:** Most cellulite treatments address the surface — but cellulite is caused by fibrous bands UNDER the skin pulling it down into dimples. Aveli is FDA-cleared to precisely cut those bands in real-time, with your provider confirming each release. This is why results are immediate, visible, and long-lasting after just one treatment!

📞 (347) 514-9311

Questions? We're always here for you 💕

LovMedSpa

Defining Timeless Beauty